

Introduction to SBIRT

with Motivational Interviewing Skill Building

(Screening, Brief Intervention, and referral to Treatment)

with Jennifer Baity, LCSW, LAADC

Presented by A Better Way & Alameda County Behavioral Health

Learning Objectives

1. Describe the background and rationale for conducting SBIRT in medical and outpatient mental health settings.
2. Define at least three key Motivational Interviewing principles and four MI micro-skills (O.A.R.S.).
3. Explain at least three screening procedures for identifying patients engaged in at-risk substance use behaviors; and more.

Learn to implement SBIRT (Screening, Brief Intervention, and Referral to Treatment) and reinforce and expand Motivational Interviewing (MI) skills. The morning will focus on MI skill building to really begin use MI as a natural and integral part of practice. The afternoon will focus on SBIRT, a model for conducting an assessment and delivering an early intervention, based on MI, to treat people with/ or at risk of developing a substance use disorder.

TRAINER Jennifer Baity, LCSW, LAADC, is a licensed clinical social worker and licensed advanced alcohol and drug counselor. She is the Program Director at the Mental Health Rehabilitation Center on the Zuckerberg San Francisco General Hospital campus. She provides staff and intern supervision and training; individual, group, and family treatment for adults with serious and persistent mental illness who also have problematic substance use histories; and co-developed the co-occurring disorders (dual diagnosis) program at the San Francisco Behavioral Health Center. She has provided in-depth training to clinicians providing services to youth and adults since 1991 and regularly trains staff in mental health and substance abuse programs throughout the San Francisco Bay Area and beyond. She specializes in training on diagnosis and treatment of individuals with co-occurring mental health and substance use conditions and motivational interviewing.



Friday, June 28, 2019

9:15am-4:45pm | Registration at 9:00am

2000 Embarcadero Cove Oakland, Ca. 94606 | Gail Steele Room

6 CEs available for Masters and Doctorate level professionals

Sign in & Register here: <https://training.abetterwayinc.info/courses/319>

Private Registration Code: **pevxae**

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Questions or Grievances? Trainings@abetterwayinc.net | (510) 913-1326