Alameda County Behavioral Health Care Services

Drug Information Sheet: **nefazodone (Serzone) trazodone (Desyrel)**

Nefazodone (Serzone) and trazodone (Desyrel) are antidepressant medications used in the treatment of depression, and can improve overall mood, ability to concentrate, sleep and eating patterns, and physical activity. In addition, these agents may be useful in anxiety disorders.

All classes of antidepressants are effective, although some may be better than others for certain patients. That is, one class of medication may work particularly well for one person, while another individual may have more success with a medication from a different class.

Like any medication, trazodone and nefazodone can cause some side effects, including:

Common	***Less Common***	***Rare***
drowsiness	confusion	constipation
nausea	weakness	blurred vision
dizziness	dry mouth	sustained penile erection-(trazodone)
lightheadness		liver damage-(nefazodone)

Antidepressant medications work gradually, and may take up to several weeks to reach their full effect. Don't lose patience; it will take time before you will feel better.

Remember, these medications must be taken regularly to have their full beneficial effect.

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