

# Alameda County Behavioral Health Care Services

## Drug Information Sheet: **gabapentin (Neurontin)**

Gabapentin can be used to help reduce anxiety, overactivity, agitation, and insomnia.

Like any medication, it can cause some side effects:

### *Common*

- Drowsiness
- Dizziness
- Fatigue

### *Less common*

- Headache
- Nausea
- Unsteadiness
- Hair loss

Gabapentin works gradually, and may take up to several weeks to reach its full effect. Don't lose patience; it will take time before you feel better.

Gabapentin needs to be taken as prescribed, without missing or taking extra doses. Remember, these medications must be taken regularly to have their full beneficial effect.