

Alameda County Behavioral Health Care Services

Drug Information Sheet: **bupirone (Buspar)**

Bupirone can relieve anxiety and nervousness, cause relaxation, and decrease physical symptoms of anxiety. It is used in the treatment of anxiety associated with anxiety disorders, depression, and other conditions.

Like any medication, bupirone can cause some side effects, including:

Common

dizziness
headache
restlessness

Less Common

blurred vision
insomnia
dry mouth

Rare

drowsiness
racing heartbeat
muscle aches

Bupirone has little potential for physical dependence or abuse. No withdrawal symptoms have been reported upon abrupt discontinuation.

Bupirone needs to be taken on a daily basis, and works gradually. It may take 3-4 weeks for the full antianxiety effect to occur.