



Alameda County
Mental Health Advisory Board

Mental Health Advisory Board APPROVED Minutes
Monday, September 21, 2020 ♦ 3:00pm - 6:00pm
 2000 Embarcadero Cove, Oakland, CA
 Gail Steele Room
 Video Conference Meeting

MHAB Members:	<input checked="" type="checkbox"/> Lee Davis (<i>Chair, District 5</i>); <input checked="" type="checkbox"/> L.D. Louis (<i>Vice Chair, District 4</i>); <input type="checkbox"/> Marcella Anthony (<i>District 1</i>); <input checked="" type="checkbox"/> Marsha McInnis (<i>District 1</i>); <input type="checkbox"/> Tamika Greenwood (<i>District 2</i>); <input checked="" type="checkbox"/> Linda Ramus (<i>District 2</i>); <input type="checkbox"/> Neil Penn (<i>District 2</i>); <input checked="" type="checkbox"/> Loren Farrar (<i>District 3</i>); <input type="checkbox"/> Ashlee Jemmott (<i>District 3</i>); <input checked="" type="checkbox"/> Brian Bloom (<i>District 4</i>); <input checked="" type="checkbox"/> Juliet Leftwich (<i>District 5</i>); <input checked="" type="checkbox"/> Jessie C. Slafter (<i>District 5</i>); <input checked="" type="checkbox"/> Vanessa Cedeño (<i>BOS Representative, District 3</i>)
ACBH Staff:	<input checked="" type="checkbox"/> Karyn Tribble (<i>ACBH Director</i>); <input checked="" type="checkbox"/> James Wagner (<i>ACBH Deputy Director</i>); <input checked="" type="checkbox"/> Imo Momoh (<i>ACBH Plan Administrator</i>); <input checked="" type="checkbox"/> Kristin Boer (<i>Administrative Liaison</i>); <input checked="" type="checkbox"/> Angelica Gums ; <input checked="" type="checkbox"/> Asia Jenkins
Unexcused Absences:	

Meeting called to order @ 3:00 PM by **Chair Lee Davis**.

ITEM	DISCUSSION	DECISION/ACTION
Roll Call	Roll Call completed.	
Emergency Action	None.	
Approval of Minutes	August minutes approved.	
Chair's Report	Chair Davis provided a brief overview of the agenda	
Director's Report	<p>A. COVID-19 Departmental Update</p> <ul style="list-style-type: none"> • ACBH continues to provide information across county • Over 40 staff still deployed at Public Health – initial deployment extended <p>B. CATT – Working with emergency Department to allow psychiatric holds/release (5150 determinations), long term changes re: 5150s to be looked at as well.</p>	

Contact the Mental Health Advisory Board at ACBH.MHBCommunications@acgov.org



Alameda County
Board of Supervisors

Alameda County ac bh
Behavioral Health Care Services
MENTAL HEALTH & SUBSTANCE USE SERVICES

ITEM	DISCUSSION	DECISION/ACTION
	<p>C. BOS Hearing October 27th – In lieu of original October 8th Public Protection Meeting</p> <p>D. Health Equity Officer Position</p> <ol style="list-style-type: none"> 1. Overview of position 2. Feedback from MHAB members regarding skills/experience: <ol style="list-style-type: none"> a) Experience with inequity b) Building bridges c) Leadership and thinking outside the box d) Especially good at connecting people e) Personal and professional Behavioral Health experience f) Prioritize access for diverse communities g) Can work/familiarity with system h) Significant consumer/resident experience i) Skills in advocacy and in navigating county system 	
<p>MHAB Recommendations for Diversion</p>	<p>A. Ad Hoc Process review</p> <ol style="list-style-type: none"> 1. Goal was to be specific 2. Whittle down large number of recommendations <p>B. Recommendations reviewed by board and discussion of changes</p> <ol style="list-style-type: none"> 1. Concerns expressed regarding #4 language 2. Suggestions for alternate language provided by community and board members <p>C. Public feedback received</p> <p>D. MHAB Vote of amended letter</p>	<p>B. Agreed upon language changes to be incorporated in final letter</p> <p>C. Some language suggestions incorporated in letter</p> <p>D. Amended letter approved by board members: Davis, Louis, McInnis, Ramus, Farrar, Bloom, Leftwich, Slafter. Member Cedeno abstained.</p>
<p>Public Comment</p>	<p>Members of the public provided feedback regarding letter.</p> <ol style="list-style-type: none"> 1. Importance of quantifiable goal 2. Language suggestion – use incarcerated person, person who is incarcerated 	
<p>JIMH Presentation</p>	<p>PowerPoint presentation by Carol Burton</p>	
<p>MHSA presentation of 3-year plan</p>	<p>PowerPoint presentation by Tracy Hazelton and Mariana Dailey</p>	
<p>MHSA Public Hearing/ Public Comment</p>	<p>A. Public Comments</p>	

ITEM	DISCUSSION	DECISION/ACTION
	<ul style="list-style-type: none"> • I regularly attend the Prop. 47 stakeholder committee meetings. MHSA funds should be used to continue the funding of some of these great programs which will sunset at the end of the year from prop. 47 funding such as the mental health treatment and case management teams. I didn't see these programs reflected in the 3-year plan? • I am hoping that mental health services in the collaborative courts could be considered for MHSA funding. I submitted a longer written comment, as did the DA, PD, Chief Probation Officer, and others. Here are some good stats: The eight collaborative courts serve about 200 people each day. About 40% have a history of psychiatric hospitalization in Alameda County, with an average stay of about 15 days. About 85% of these participants were not re-hospitalized after entering a collaborative court. About 70% received services from Adult Forensic Behavioral Health (AFBH) at the Santa Rita jail, with an average of 6 treatment episodes. About 64% of these participants did not have AFBH contact after entering their court program. • It seems that the county has an urgent call to reduce SMI populations within the jail. Innovative programs such as the IST Diversion Pilot Program and the Prop 47 Mental Health Diversion program should receive MHSA funding as promising innovations along with the CATT Team • I request an urgent review of the allocation for PEI program 5 on p 28 of the plan. The current proposed budget proposes a 38% reduction in the Latinx focused PEI program Project 5 in Alameda County, PEI Project %. This PEI program, the Underserved Ethnic Language Population (UEL), with La Clinica de La Raza as the lead agency, provides mental health early intervention, and prevention services to Latinx families in Alameda County. For many of our clients, our program is their only option to access mental health, health and other social services. Latinx residents represent nearly 1 out of 4 residents in Alameda County (22.9%) and about 2/3 of the Latinx residents of the total Latino residents in the area are monolingual. (Source: www.healthyalamedacounty.org) <http://www.healthyalamedacounty.org> This UELP includes a partnership with 3 providers to monolingual Spanish speaking and immigrant families • The reduction in funding I see on p. 28 for UELP focused on Latinx residents is in FY 21/22. • It has always seemed odd to propose to decide what needs doing by having stakeholders vote, when not all stakeholders hold the same size stake. For 	

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	<p>the seriously mentally ill and their relatives, treatment can be a matter of life and death.</p> <p>MHSA should focus on the most seriously mentally ill, as was intended in the statute.</p> <ol style="list-style-type: none"> 1. Beds—board-and-care beds and locked hospital beds--are what the most seriously ill need. 2. Focusing on stigma and prevention will not help the most seriously mentally ill. Anosognosia, not stigma, is what is keeping the sickest from getting treatment. 3. Peers should participate in treatment, but their participation will not solve the problems we family members have with this broken system. 4. MHSA money should be used for locked crisis stabilization beds (like a new John George) as well as voluntary crisis stabilization beds. like Amber House; this will keep the sickest safe. MHSA could be interpreted to allow funding of locked beds when they are the least restrictive environment necessary, or the county could urge the Legislature to clarify even further. 5. Programs that try to support people individually after jail or hospitalization often show measurable success. Here's a couple you could boost: <ul style="list-style-type: none"> • The Prop 47 Mental Health Treatment Teams for the formerly incarcerated. Their Prop 47 money is getting cut off and they could get MHSA money. • Partial Hospitalization/Intensive Outpatient treatment for those discharged from hospitals—more intensive than Full Service Partnerships. They are voluntary but can provide a lot of help and direction to people are not sure they are ill. • Joe Rose's peer support program for people leaving John George got an INN grant once and could be funded again. • Community Conservatorship could be expanded to include people leaving jail. This Laura's Law program saves lives. • Let's build another Bonita House drug treatment residence instead of rapidly cycling our members through the one we have. <ul style="list-style-type: none"> • I'm the Founding Executive Director of Love Never Fails, an anti-human trafficking nonprofit with offices in Hayward and Oakland. I would like to be included in strategic planning around African American mental health. We need more outreach and mental health services for African American and Latino girls experiencing and at risk for sex trafficking. We need parent support groups and outreach for families impacted by human trafficking. We 	

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	<p>need equipping of our community for the digital economy and that means providing laptops and training for sustainable jobs in IT.</p> <ul style="list-style-type: none"> Black girls are disproportionately trafficked throughout our world....we need to do more education about trauma bonding, narcissism (NPD) grooming, self-love, teen empowerment, etc. <p>Culturally congruent programs designed specifically to meet the unique needs of African Americans these include:</p> <p>A foundational "spirit" developmental domain An African worldview that is grounded in physical and metaphysical interconnectivity across time and space Addressing the debilitating impact of physic terrorism resulting from the biological pandemic of COVID-19 and the sociological pandemic of not just racism but anti-Blackness The loss of weekly support systems such as Sunday Morning Church Services & Bible Study Economic stresses such as job loss, need to work additional hours and jobs to meet basic needs, dependency on other family members including children for financial contributions to the household, that negatively impacts sense of self Parents & Caregivers need to give "The Talk" to Black Teens who are developmentally in the process of solidifying a healthy adult self in the context of being at risk due to their racial group membership Focus on Black teens and early childhood For low income individuals, disproportionate exposure to traumatic community violence The commonality of incarcerated and formally incarcerate family members The highest rate of infant mortality and poor birth outcomes Recognize the role of maternal elders as the familial foundation in biological and fictitious kinship networks</p>	
Adjournment	Adjourned at 6:04PM	

Minutes submitted by K. Boer