

Alameda County Mental Health Board Retreat

January 26, 2019

Purpose of ACMHB:

- Review handout provided by CALBHBC
- Advisory Board-relevant and united
- Reviewing services
- Recommendations to Board of Supervisors
- Community Space
- Advising Behavioral Health Department and Board of Supervisors
- Annual Report including the Data Notebook

Why did you accept them appointment to ACMHB:

- Voice
- Crisis services
- Understand the ACBHCS system better
- Law enforcement not provided tools –be a part of the conversation
- Facilitate social change
- Experienced recovery-give to others
- Improve system as a family member-increase prevention and early intervention profile
- Experience with drug services-they are under resourced

Goals:

- Identify BH and other relevant meetings
- Sub-committee (standing committee) decision (adult sub-committee restart)
- Re-establish Executive Committee and clarify role of secretary-Date and location for executive committee meeting
- Develop relationship with BH and BOS
- Identify subject matter priorities for the year
- Ensuring responsibilities match our actions (addressing county services, programs, and facilities)
- Create a tracking process to ensure responsibilities match our actions
- Prepare and submit annual report
- Create a structure to support the development of the annual report
- Calendar of key agenda items for the year
- CALBHBC will provide By-laws, best practices, and provide helpful documents
- Identify and communicate ACMHB role in hiring new ACBHCS director
- Identify supervisor assigned to ACMHB
- Establish an agreement for ACMHB county staff support
- **Next Steps:**
- 2nd Retreat-4hrs in February
- Retreat will cover-bylaws, standing committees, meetings ACMHB members need to attend, and priorities

“Acting Healthy even if you don’t feel like it.”