

MHAB Children’s Advisory Committee (CAC) APPROVED Minutes
 January 22, 2021 ♦ 12:15pm – 1:45pm ♦ **Via GoTo Meeting Video Conferencing**

Meeting called to order @ 12:18p. by LD Louis Deputy District Attorney (Alameda County Mental Health Unit)

Attendees:	MHAB Members:	✓	LD Louis, MHAB Chair, Deputy District Attorney (Alameda County Mental Health Unit), Vice Chair of Mental Health Advisory Board and Head of Mental Health Unit for the Alameda County District Attorney’s Office District 4				
		✓	Joe Rose, President CEO of NAMI Alameda County South NAMI National Alliance on Mental Illness-ACS	✓	Jessie Slafter– East Bay Children’s Law Attorneys and Member of Mental Health Advisory Board		Sarah Oddie, Policy Advisor Supervisor Wilma Chan’s Office
		✓	Adriana Furuzawa, Director of Early Psychosis Division, Felton Institute (Family Services Agency of San Francisco)		Neill Penn, Member of Mental Health Advisory Board	✓	Boldly Me Kristin Spitz, Executive Director
		✓	Ricki Garcia, Parent Partner at Fred Finch	✓	Lara Maxey, Director of External Affairs at La Familia	✓	NAMI Alameda South Board of Directors Teri Talauta
		✓	Jackie Siefel, Clinical Supervisor at Victor Community Support Services				
	BHCS Staff:	✓	Angelica Gums, HR Liaison, BHCS Office of the Director, Recording Secretary	✓	Tanya McCullom, Program Specialist, BHCS Office of Family Empowerment	✓	Damon Eaves, BHCS Associate Director Child and Young Adult System of Care
		✓	Asia Jenkins, BHCS Office of the Director	✓	Kristin Boer, BHCS Office of the Director		

ITEM	DISCUSSION	DECISION / ACTION
I. Roll Call	A. LD Louis conducted roll call	
II. Approval of Minutes	A. November notes are approved	
III. Children’s System of Care Report by Damon Eaves	<p>Damon Eaves of ACBH Children’s System of Care provided the committee with an update on department program outcomes.</p> <p>A. In the last couple of weeks, providers have submitted their names to Public Health to receive vaccines. A lot of our partners have already received their vaccination. Those facilities who are residential care or 24-hour, or provide crisis services where they interface with clients, have been prioritized.</p> <p>B. ACBH received request s from providers to decrease their budget by 20-40% due to COVID and the drop-in billing. We have been trying to adjust our budget due to shortfalls and the economic crisis. We extended the courtesy to providers for them to identify how to decrease their budget.</p> <p>C. Currently, we’re recruiting for several division director positions – CSC, Transition Age Youth and Division Director for Outpatient System of Care.</p>	

- D. We are recruiting interns for our Outpatient Sites from San Jose State and Cal State East Bay and Cal Berkeley.
- E. There has been confusion by Providers that Autism is now covered by the State. Although it is included, it is not covered. Autism is considered a physical trait and not a mental health concern.
- F. We're adjusting CANS in the next year. The Child and Adolescent Needs Survey (CANS), which is required by the state to determine outcomes, to a one CANS per youth model. Currently, every agency does the survey. However, if we try to send the report to the state for more than one provider, regarding youth outcomes, there are sometimes duplicate data points on youth served. Now, we're sending one. We'll pull 7-9 of our largest providers to implement the survey, which will help to cancel out duplicate data points.
- G. Benioff Children's Hospital and Alameda County started a medication only clinic almost three years ago. They are for level 3 clients who are receiving therapy from the community provider, who does not provide meds. We're having trouble with hiring and retaining prescribers, who prescribe for mental health needs. Drs. can make quite a bit more at private agencies. We're working with HR to resolve this issue.
- H. **Question on the Budget Reduction:** What do we anticipate as the impact on services being administered? There is an ask that CBOs reduce budget by 20%?

Response: Many of the FSPs have asked to reduce their contract they have with us because we have deliverables, which are based on how many hours they serve. FSP, TBS, KDA, they are secondary programs, that are ancillary. There is difficulty getting kids to engage in Zoom telehealth services.
- I. **Question on AB2022:** Joe Rose explained that all students must to be notified of available mental health resources. Is this in the MHSA budget? If so, how much is it? How do the schools apply for that, so they can be in compliant?

Damon would have to review the AB 2022 legislation and will send to LD and Angelica a response or provide an update at the next committee meeting.
- J. At our main Board Meeting, we will have a MHSA presentation on the annual MHSA plan sometime in March.
- K. With telehealth, we have submitted email blasts and other resources for services. Don't know how far it has penetrated throughout the County.
- L. **Question from L.D.:** The survey shows that there is an increase in the need of services but there is a gap to reach the young people. It may be several months until face to face services are available. What is being done?

IV. Chair's Report by LD

- M. Damon replies that there has been increased anxiety and the survey shows this. Not sure if this has risen to the need of specialized mental health services. We have been ensuring is that there are specialized mental health staff on site at schools so that youth have an open-door approach.
- N. Some are not feeling the connection with the individual therapists would like to do more group work.

Chair L.D. Louis reported out on the discussion of the Data Notebook at the last Mental Health Advisory Board Meeting.

- A. MHAB took emergency action to adopt the data notebook and the responses. We can email a copy out upon request.
- B. We will have further discussion about what was learned from the Data Notebook at the Executive Committee Meeting and then a full presentation at the General Body Meeting. What is important to keep an eye on is that there is an intention to maintain virtual platforms and telehealth after COVID. It is important to drill down on how telehealth is used.

Chair L.D. Louis reminded the Committee of the upcoming MHAB Board Retreat

- A. We did not have a general body MHAB meeting in December but worked intensely at Ad Hoc meetings to plan the retreat, which is this weekend.
- B. Angelica to forward the retreat email to the Committee listserv. The purpose of tomorrow's retreat is about oversight to discuss the plan by Dr. Tribble. It will be a facilitated meeting with a consultant and there will be a presentation by the Board of Supervisors and Dr. Tribble.
- C. Dr. Tribble mentioned in her plan that Transitional Age Youth (TAY) are ending up in the Adult System of Care and are trying to identify why that young person ended there. What happened with the services, could there be something else that could have been done?
- D. What this is driving towards is a theme surrounding forensic services for young people and adult to keep them in the health care system and not in the criminal justice system with a SMI or substance use disorder. The retreat is focused on how we are going to follow up on the programs and efforts, in terms of how those issues are addressed. We're trying to create a supervision approach.
- E. There is a grant targeting young black males who are disproportionately provided services in the jail as opposed to other parts of the mental health system. I think this is a thread that needs to be looked at.
- F. What does mental health services look like for people in the jail, and young people in the dependency system? Should follow up and develop recommendations around that presentation.

<p>VI. DISCUSSION: 2020 Year in Review & 2021 Planning</p>	<p>Chair L.D. Louis requested that the Committee members spend time reviewing the work priorities for this year. Where can we make improvements and what are some next steps? Some topics for future consideration include:</p> <ol style="list-style-type: none"> 1. Brainstorm and facilitate on discussion regarding dependency system and our presentation from Nathan Hobbs on some of the issues/gaps that he noted and discuss and recognize in the services for those who may need substance use treatment. Need to develop ideas around recommendations. 2. Substance Use Disorder Presentation by Nathan Hobbs of ACBH 3. Jessie is available to attend the Children’s February meeting. The focus is on recommendations surrounding the dependency system and we’ll bring it to the full board. Attach minutes on the two months that she presented. If there is time to look at Substance Use, we’ll include it. 4. Look at a meeting in the coming months to have a presentation from ACBH on the dependency piece. We didn’t lift what we thought was a gap or next step. Maybe for March focus on forensic services for youth/juveniles and what is happening Juvenile Hall. 5. Crystalize some recommendations regarding telehealth. What gaps exist in terms of racial disparities in terms of access to services? 6. What is happening at sites in terms of gaps in services, in terms of the budget issues in the shrinking of contracts. 7. What efforts are being made to flag mental health resources. 8. We are hiring a public information officer and have been doing campaigns. MHSA was funding information to be put on bus and posters. Has there been any effort towards transitional age youth? Damon to follow up. <p>Shannon and Joe talked about approaches to roll this out in some of the District. Parents and teachers should also be part of the conversation.</p> <ol style="list-style-type: none"> 9. Need to develop a social media presence that connects with young people. Target April of May to improve our outreach. <p>Neil Penn resigned from the Committee. He said that it’s been a pleasure serving on the MHAB. He has also been very active with the California Progressive Alliance organization and is currently their outreach coordinator. He will be dedicating his time on coalition building.</p>	
<p>Public Comment on Items not on Agenda</p>	<p>A. No public Comment</p>	

VI. Adjourn	Meeting Adjourned 1:27 pm	
Next Meeting	Friday, February 26, 2021 at 12:15p via GoTo Meeting	

Minutes submitted by Angelica Gums