

MHAB Children’s Advisory Committee (CAC) APPROVED Minutes
 February 28, 2020 ♦ 10:00 a.m.- 11:30 a.m. ♦ 500 Davis St., San Leandro, CA Suite 120, Room B

Meeting called to order @ 10:10 a.m. by LD Louis Deputy District Attorney (Alameda County Mental Health Unit)

Attendees:	MHAB Members:	✓	LD Louis, MHAB Chair, Deputy District Attorney (Alameda County Mental Health Unit), Vice Chair of Mental Health Advisory Board and Head of Mental Health Unit for the Alameda County District Attorney’s Office				
		✓	Gail Steele, Former Board of Supervisor		Joe Rose, NAMI National Alliance on Mental Illness-ACS	✓	Sarah Oddie, Supervisor Wilma Chan’s Office
		✓	Adriana Furuzawa, Director of Early Psychosis Division, Felton Institute (Family Services Agency of San Francisco)	✓	Sheldon Koiles, Board Member Board (via phone)	✓	Alanna Powell, President Boldly Me
	BHCS Staff:	✓	Andrea Dacumos, Recording Secretary		Tanya McCullom, Program Specialist, BHCS Office of Family Empowerment		Damon Eaves, BHCS Assistant Director Child and Young Adult
				✓	Kristin Boer, Alameda County Behavioral Health		

ITEM	DISCUSSION	DECISION / ACTION
I. Roll Call	A. LD Louis conducted roll call	
II. Introductions	B. Introductions made	
III. Approval of Minutes	A. January 24, 2020 minutes were approved	
IV. Children’s System of Care Report by Damon Eaves	A. Damon was on vacation	
V. Discussion	<p>A. LD reported on the MHAB Retreat Summit outcomes held on Saturday, February 1st from 10a-3p. The entire board was present, as well as family members, community members and students from QUEST project (who attend this Children’s Advisory Board). It was a productive and educational meeting.</p> <ul style="list-style-type: none"> a. Teresa Comstock of California Association of Local Behavioral Health Boards & Commissions (CALBHBC) presented on statewide priorities. Of particular interest, was the proposed changes to the MHSA funds and how they’d be spent. b. Vanessa Cedeño from Wilma Chan’s office gave a presentation on BOS priorities c. The afternoon Working Session focused on State & BOS priorities for 2020. BOS provided their thoughts as individual board representatives and determined which projects should be delegated and prioritized to committees and subcommittees. A workable document will be created to show what came out of the session. Topics included: <ul style="list-style-type: none"> i. In school services 	

- ii. Training for School Professional staff and parents
 - iii. Cultural responsiveness
 - iv. Suicide prevention
 - v. Best practices for early intervention—What are the experts saying why there is an increase?
 - vi. Workforce and career pipelines for services to youth
 - vii. Best practices for retention of staff
- d. As a committee, we will look at the report and make suggestions to the larger board.
 - e. Board received an email from someone who is concerned about the closure of outpatient crisis program associated with John George. This was delegated to adult committee. Group decided if the larger board cannot take it on, it would be delegated to a subcommittee.
 - f. A Bigger issue at this time is the lack of bed space. There will be a March presentation from different programs (Woodrow Place, Amber House). Dr Tribble is on notice on that this is the conversation. Need to find out why Board and Care homes are losing licenses. Gail brought up the fact that St Rose may be opening up beds.
 - g. The top priority is Alameda County is not meeting the needs of the severely mental ill, which is a top priority by Dr. Insell at state level. To make a massive change, there would have to be a ballot measure. They can, however, re-prioritize money within the budget. If money is re-allocated, it could devastate programs that are currently working.
 - h. It is imperative that we bring this issue to Supervisor Valle. Could impact our Substance Abuse and Juvenile Justice services. LD concerned about moving SMI population dollars toward purely SUD and not dual diagnosis. We need to get a letter to the Board.
 - i. In the future, perhaps Public Health or Dr. Tribble could present on concerns.
 - j. Developing a process for annual report done in a timely fashion by June/July. Held within executive committee. Sub committee are supposed to attend in executive committee meeting. Looked at model annual reports from statewide website. Agreed on format based on sample reports
 - k. Data notebook was tabled. It usually comes out once a year. In 2019 we were asked twice. Discussing on working on data notebook more closely and setting up a subcommittee
 - l. May 14th will be the Annual Banquet. Ashley from MHAB was designated as chair to coordinate details
 - i. Speaker selection
 - ii. Invitation list
 - iii. Flyer
 - iv. Venue
 - v. Menu
 - vi. Advertising
 - vii. Award categories

LD requested the Save the Date be sent to partners and subcommittees, so it can be shared in the community

	<p>1. Kristin: Nomination forms are revised and sent to committee and approved. Innovation category has been replaced by Youth. Nomination and Save the Date forms will go out today.</p> <p>B. Strategic Planning: the future of MHAB Children’s Advisory Committee</p> <ol style="list-style-type: none"> a. Write up of target areas for children’s committee. LD would like to confirm with Lea. b. Strategic Planning would have a handout of what came out of retreat c. Report back out to MHAB with this group’s feedback d. Jessie Carmodi is applying for seat on MHAB – which will make 3 sitting board members on this committee e. Statewide org is doing a training in Oakland Airport Hilton on April 18th Training Agenda includes effective ways to do public hearings on MHSA . LD will report back to this group. 	
<p>VI. Chair’s Report by LD Louis</p>	<p>A. Mental Health Summit 2 Day Summit (free for public)</p> <ol style="list-style-type: none"> a. May 1st – Professional Day <ol style="list-style-type: none"> i. Presentations: <ol style="list-style-type: none"> 1. Dr. Insel is keynote speaker. LD Suggested he speak on MHSA dollars shift from mental health to SUD. 2. Toby Ewing will do a current legislation and Governor’s plan for a new Behavioral Task Force 3. Retention / recruitment of staff, trauma and burnout 4. Juan Taizon will do a Juvenile Justice mental health presentation 5. Behavioral Health Directors Panel will present on future work <ol style="list-style-type: none"> a. Lisa Carlisle b. Dr. Karyn Tribble ii. Afternoon breakout sessions: <ol style="list-style-type: none"> 1. Re-entry and Prop 47 2. Workforce retention and links to education 3. Children’s Mental Health and Medi-Cal related waivers 4. Whole person care wrap-around and serious mental illness b. May 2nd – Public Day <ol style="list-style-type: none"> i. Speakers <ol style="list-style-type: none"> 1. Welcome by Mayor of Fremont 2. Asking Eric Swalwell to be a speaker ii. Panels: We want to make sure panels reflect families and lived experience consumers <ol style="list-style-type: none"> 1. “You are insured, but are you covered?” The private insurance dilemma 2. Symptoms of early childhood mental health for parents and families 3. Bullying and Social Media 4. Washington Hospital 	<p>LD will send out flyer for distribution</p>

5. Medication Compliance – Good, bad and alternative. Lee will sit as a lived experience consumer
6. LD asked Tanya if she would sit on panel as a parent.
7. Bettye Foster will be sitting on FERC panel
8. Transitional Age Youth testimony

iii. Tables – 40 available

1. NAMI
2. Kaiser
3. Boldly Me
 - a. Dr. Richard Labelle would be willing to help per Alanna Powell
4. DA Office
5. Pool of Consumer Champions
6. CBO
7. Crisis Response Team
8. PEERS
9. St. Rose
10. Washington Hospital
11. Gail would like to see a MHAB Public Input table with handouts
 - a. Need a comment box for questionnaires or a comment book
 - i. “Describe your experience with your mental health services”
 - ii. “What would have been helpful?”
 - iii. “What topics did you find useful?”
 - b. Put questionnaire on everyone’s seat
 - c. Need follow up on responses
 - d. Need a Survey Monkey option
12. Adriana would like to have the following agencies and those who are contracted under Alameda County Community Services to have a table:
 - a. The Felton Institute
 - b. UCSF Benioff Children’s Hospital
 - c. La Familia

iv. Gail brought up the absence of the Conservatorship (homeless) problem at event

1. LD: Governor wants to expand in SF.
2. There is investigation at county level, trying to find out what is happening in SF.
3. There has been resistance to conservatorship expansion within county.
4. Gail: Nate Miley had a lot of concern
5. LD: We could easily do a six-month program, but we need thousands of beds to transition to permanent housing
6. MHSA dollars have limitations on paying for people in jail

LD will ask the Board about a Public Input Table and creating a flyer for tables and creating a questionnaire

	v. Ariana pointed out Toby Ewing is the person to contact about MHSA regulation. He will be present at the documentary, "Bedlam" screening in Berkeley in March.	
V. Future Agenda Items	<ul style="list-style-type: none"> A. UPDATED Presentation on Children's Services B. Children who are their own primary advocate (e.g. foster youth or youths without appropriate parental care)? C. Care facilities for youth (Fremont Hospital), Out of County Facilities D. Foster Care Issue E. Anxiety, Stress and Suicide in the TAY Population F. Ask for expansion of services similar to Union City Family Center 	
Public Comment on Items not on Agenda	a.	
VI. Adjourn	Meeting Adjourned 11:35a	
Next Meeting	Friday, March 27, 2020 at 10a at 500 Davis Street, San Leandro	

Minutes submitted by Andrea Dacumos