

**Alameda County Mental Health Advisory Board  
 Adult Committee **APPROVED** Minutes  
 November 26, 2019  
 Sequoia Room, 12:15 p.m. – 2:15 p.m.  
 2000 Embarcadero Cove, First Floor #101**

Meeting called to order at 12:15 PM by: Chair Marsha McInnis

**Roll Call/Introduction of Guests**

**Mental Health Board Members:** Marsha McInnis, Sheldon Koiles

**Present:** Marsha McInnis, Sheldon Koiles, Kim Lerch (RN), Kate Jones (ACBH, AOASOC Director), Francesca Tenenbaum (MHAAC, Director of Patients Rights Advocates), Beverly Bergman (MHAAC, Family Caregiver Advocacy Specialist), Gloria Vasconcellos (FASMI)

**Absent:**

ITEM	DISCUSSION	ACTION
<b>Roll Call / Introductions</b>	Roll Call done.	
<b>Emergency Action</b>	None	
<b>Approval of Minutes</b>	Tabled	
<b>Correspondence</b>	None	
<b>Chair's Report</b>	<p><b>A. Mental Health Advisory Board Meeting Recap</b>            Families Advocating for the Seriously Mentally Ill (FASMI) gave a presentation on the need for inpatient beds, better access to care, and permanent supportive housing for the seriously mentally ill.</p> <p><b>B. No Adult Committee meeting in December</b>            No meeting due to the holidays. The next meeting will be on January 28, 2020.</p> <p><b>C. Reminder: No MHAB meeting in December</b>            No meeting due to the holidays. The next meeting will be the second Monday of January 2020 due to a county holiday, Martin Luther King Jr. Day.</p>	
<b>Director's Report from Kate Jones</b>	<p><b>A. Amber House</b>            Amber House opened in mid-September, and the new referral process has been better than expected in all crisis residentials. More beds are being filled in a timely manner.</p>	

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	<p><b>B. Crisis Residential Programs</b>  Crisis residentials are showing the same efficacy as inpatient hospitalization. Oakland Police voluntary drop offs have been going well. The crisis residential program is at near full capacity at all times. Crisis Stabilization Unit (CSU) needs more promotion to the public. ACBH is working to remove barriers to receive services.</p> <p><b>C. External Quality Review Organization (EQRO)</b>  ACBH's systems was reviewed to see how services were provided. Results are unknown at the moment. ACBH has the Triennial Review in January, an audit that reviews network, providers, and ACBH and makes recommendations for improvement every three years.</p> <p><b>D. Department of Health Care Services (DHCS) Recommendations: Managed Care Organization</b>  The Final Rule, a federal government mandate, states that all mental health managed care plans are required to start instituting requirements from DHCS. ACBH has been a managed care plan for many years and received a multi-page update about authorizations and utilization management of crisis residential and adult residential facilities by 2021. The Network Adequacy Certification Tool evaluates if Alameda County's network of care meets state mandate. Timeliness standards (CSI) state that referrals must get an appointment set up within ten days of the referral and within 15 days for psychiatric care. The initial assessment must be completed within 30 days, and the plan must be done within 60 days.</p> <p><b>E. Urgent Medication Clinics</b>  Urgent medication clinics are open in Oakland and Fremont. One is opening in Pleasanton, and the last one will open later in Eden.</p> <p><b>F. Valued Based Purchasing</b>  There will be many changes from federal to state to behavioral health plans to providers in the next five years. CALAIM will address substance use, behavioral health, dentistry, etc. ACBH may work with Alameda Alliance due to recommendation that behavioral health plans will be part of the overall healthcare by the health plans.</p> <p><b>G. Aging of Population</b>  ACBH is developing two outreach teams for homeless individuals. Outreach done in partnership with Healthcare for the Homeless with a focus on whole person treatment. Ideal to have all individuals on the same electronic health record to allow ease of information exchange.</p>	

ITEM	DISCUSSION	ACTION
<b>Discussion Items</b>	<p><b>A. Participation in Meetings and Suggestions</b>  Chair Marsha McInnis suggests taking tours of Amber House or the Fairmont campus. Other suggestions: inviting directors to speak at meetings and dedicating part of meetings toward providers not in psychiatric service dedicated areas. Director Kate Jones would like to attend meetings to update the committee on changes and get community feedback as an informal focus group. Director Jones suggests bringing in other leaders to talk about the system as a whole, particularly the TAY program and on the budget.</p> <p><b>B. Issues to Address</b>  Members brought up the lack of forced treatment, the lack of services for dual diagnosis, and the need to decrease consumer stress.</p> <p><b>C. Developing the 2020 Calendar</b>  Suggestions for presentations in future meetings: Transitional Age Youth, Felton Institute on early psychosis treatment, Behavioral Health Court with Penny (Bernhisel?), Substance Use Disorder with Nathan Hobbs, integrated care with Freddie Smith, and Medical Director Dr. Aaron Chapman.</p>	<p>C. Chair McInnis will send out reminders for the committee meeting every month.</p>
<b>Public Comments</b>		

**Adjourned 2:15 p.m.**

Minutes submitted by J.Wan