

**Alameda County Mental Health Advisory Board
 Adult Committee **APPROVED** Minutes
 February 25, 2020
 Sequoia Room, 12:15 p.m. – 2:15 p.m.
 2000 Embarcadero Cove, First Floor #101**

Meeting called to order at 12:15 PM by: Chair Marsha McInnis

Roll Call/Introduction of Guests

Mental Health Board Members: Marsha McInnis, Sheldon Koiles

Present: Marsha McInnis (MHAB); Sheldon Koiles (MHAB, phone); Kathy Davis (MHAAC); Bettye Foster (MHAAC, FERC); Wilma Gaines (MHAAC, ACBH); Hazel King (MHAAC); Dianne Lam (FASMI); Alison Monroe (FASMI); Sue Silva (FASMI); Gloria Vasconcellos (FASMI)

Absent:

| ITEM | DISCUSSION | ACTION |
|--|--|---|
| Roll Call / Introductions | Roll Call done. | |
| Emergency Action | None | |
| Approval of Minutes | | |
| Correspondence | None | |
| Chair's Report | <p>I. MHAB Retreat Annual working meeting with all MHAB members to determine future priorities and goals. Adult Committee priorities included: board and cares in every part of the county, acute beds, recruiting and retaining case managers, subacute systems, Glenn Dyer facility, and performance outcome data for acute psychiatric services. Two other priority categories: suicide prevention and veterans.</p> <p>II. Intensive Outpatient Program (IOP) at Fairmont Hospital IOP will be closing in July. A Fairmont staff member will speak about the program at the March Adult Committee meeting. Chair McInnis would like the committee to promote awareness of the program.</p> | <p>II. Adult Committee will tour the Fairmont Hospital through Alameda Health Services.</p> |
| Director's Report from Kate Jones | No Director's Report – Director Kate Jones was not in attendance. | |

| ITEM | DISCUSSION | ACTION |
|--|---|---|
| <p>Presentation on MHAAC from Executive Director Kathy Davies</p> | <p>I. New Programs MHAAC will bring on new FERC Director Odessa Caton, and Director Davies will propose adding an outreach coordinator with exiting funds if it is aligned with the county. ACBH does not plan to issue many Request for Proposals (RFP) in the future unless necessary due to ongoing restructuring. Residential services will require well suited individuals.</p> <p>II. Patient Advocacy MHAAC is not a treatment-oriented organization. Direct services include representing patients in certification and capacity hearings for 5150s and medication. FERC can help family members be more involved in the hearing process with client permission.</p> <p>III. Family Education and Resource Center (FERC) Family Partner Program assigns a family partner to work with families with children who are involved in the behavioral health system and already have an assigned clinician. Family Caregiver Program. ACBH funds the African American Family Outreach Program, which is associated with the African American Family Support Group. Consumer Grievances for the county is managed by Wilma Gaines.</p> <p>IV. IMD Exclusion MHAAC has not made a formal position on exclusion. It prevents Medicaid from financing mental health and substance use disorder care in facilities larger than 16 beds. MHAAC is against the waiver the county can request for payment because of its stance against institutional stays in favor of community-based stays.</p> <p>V. Ending Stigma Against Mental Health MHAAC's plan on ending stigma involves: education of the public, building supportive services around people, and navigating people to the necessary treatment. MHAAC may begin doing treatment in the future. For public education of mental health, FERC has held presentations to help family understand the process of 5150s and how to prepare for them, has discussions with providers and universities about working in the field and including the family voice, and going into schools with programs for students and teachers.</p> | <p>III. MHAAC/FERC will consider clearly outlining family member rights on their website.</p> <p>IV. Director Davies will discuss MHAAC's position on IMD at the next Board of Directors meeting.</p> |
| <p>Future Agenda Items</p> | <p>I. IOP at Fairmont II. Fairmont Hospital Tour</p> | <p>II. Chair McInnis will arrange the date and participants.</p> |

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|-------------------------------------|--|---|
| Report and Report Discussion | <p>I. Statistical Data and Updates Chair McInnis requests statistical data and updates on other organizations and programs that will then be reported to the MHAB.</p> <p>II. Patients' Rights Two units at John George reopened after being closed or limited due to a flu outbreak last week. Kaiser has opened a new psychiatric unit of 14-18 beds at Fremont Hospital. Getting certification hearings for Kaiser members are still in process. A psychiatric unit has been opened in Santa Clara County. Herrick Hospital in Berkeley has a new administrator, John Cooper. Services have been limited at Herrick.</p> <p>III. Grievances Grievances have a 24-hour turnaround. If the client is not satisfied, it goes to formal grievance. The client or patient must give authorization for family members to make grievances due to HIPAA. If considered a serious issue, the provider is usually contacted and informed. Some clients can sign a form that authorizes a representative for mental health as a healthcare proxy. It must be done before going to the hospital.</p> | |
| Future Agenda Items | Will be set in March | Future items will be based on the information received from the Fairmont representative of the IOP. |
| Public Comment | None | |
| Adjourned 2:15 p.m. | | |

Minutes submitted by J.Wan