

MHAB Children's Advisory Committee (CAC) DRAFT-UNAPPROVED Minutes

January 26, 2018 ♦ 10 a.m. - 11:30 a.m. ♦ 500 Davis St., San Leandro, CA Suite 120, [Creekside Room](#)

Meeting called to order @ 10:03 a.m. by **Chair** Diane Wydler

MHAB Members: **Chair** Diane Wydler

Committee /Guests: Tanya McCullom; Gail Steele; Jessie Conradi

BHCS Staff: Vanessa Cedeno, **Legislative Aide, District 3, BOS Chan;** Nina Hinton, **Recording Secretary**

ITEM	DISCUSSION	ACTION/ PLAN
Roll Call	Welcome and Introductions were made.	
Minutes	December 8, 2017: Approved	Minutes Approved
Chair's Rpt.	<p>Chair announced MHAB and Committee Member resignations and ending terms, including hers, which ends February 2018 and will not be renewed. Expressed appreciation for being able to serve and felt like she received more than she gave.</p> <p>Member expressed dismay that BHCS is not sending representation to CAC meetings, as well as concern about the lack of participation by multi-diverse individuals and groups within the community.</p> <p>Chair expressed how much impact that the Irvington High School students made during their participation in the December 8, 2017 meeting. Shared the article concerning a 2015 survey surrounding mental health questions, revealed that 70% of Irvington students indicated that they had anxiety and/or were depressed. This led to a New York Times published article in 2016. Expressed that the students' impact resulted in the Child & Young Adult System of Care Director expressing interest in coming to the CAC meeting or sending representation. Mentioned that BOS Chan's Legislative Aide indicated that the Children's Advisory Committee's School Advocacy Proposal (SAP) is right in line with long-term programs under the Center for Healthy Schools and Communities. Their office will collaborate with the CAC.</p>	
Presentation: School Programs & CAC School Advocacy Plan	<ul style="list-style-type: none"> ▪ The School Advocacy Proposal (SAP) assessment revealed a correlation of services proposed by Alameda County's Center for Healthy Schools and Communities. The SAP was sent to Tracey Schear, Alameda County School Health Services Director, who forwarded their Strategic Plan for the School-based Behavioral Health Initiative which showed the direction that they are going. <p>Goals for the School-based Behavioral Health Initiative Strategic Plan 2015-2018</p> <ol style="list-style-type: none"> 1. Create a collective vision and framework for Continuum of School-Based Behavioral Health Services (SBBHS) in Alameda County (highlights the importance of prevention, in addition to investing in high cost, high acuity care). 2. Broaden the capacity of SBBHS to implement best practices that are emerging from the fields 3. Broaden the capacity of school and district staff to support the social / emotional development of students 4. Increase collaboration between school staff and behavioral health providers to build integrated programming within the schools 5. To create an integrated data and evaluation system to track behavioral health outcomes linked to academic outcomes 6. Develop integrated funding strategies that strengthen opportunities for universal access <p>Legislative Aide expressed that it is important for Tracey Schear, Alameda County School Health Services Director and Lisa Warhuus, PhD, Associate Director, School-Based Behavioral Health, to talk to the CAC about their work and to bring the conversations together. Tracey is a co-Chair of the Health Impact Table. It is a place-based Strategy in that it looks at neighborhoods and focuses on prevention. Mentioned that <i>The Parent Ambassador Program</i> is supported by HCSA. Acknowledged that there is a capacity problem that exists and a need to be filled.</p> <p>Member indicated that the point of the SAP is to provide services and resources that are not being provided to students and families and to complement existing programs that are understaffed and underfunded. Member asked the legislative Aide to tell Supervisor Chan that CAC needs to have a County connection, at a high level, who helps CAC with issues going on in the County.</p>	

Member explained that the student population that the SAP will serve will be students that fall within scenarios where they are not being served by existing services. Discussed students who are being expelled due to behavioral issues, who are at home without proper follow-up and who are entangled in Truancy Court. Explained that ultimately those kids are ending up in juvenile hall or foster care. **The challenge is to identify issues at earlier stages in their lives that were not properly dealt with.**

Legislative Aide restated to the CAC why SAP services are needed: 1) There is a student population that we have already failed who need higher- level acute care, but the capacity is not there to serve them properly, 2) There is a need for more prevention services. Also confirmed BOS Chan's support for the work that the CAC is doing. Expressed the importance of the CAC being updated, and for the CAC to serve its function to engage in and provide expertise, and for the CAC to be able to inform conversations.

Members discussed the challenges resulting from the decision to separate the Children's Advisory Committee and the BHCS Children's Provider meetings. Indicated that as a collective group, the parent voice got lost in the heavily Provider-, adult- and technically-driven dialogue, however, the CAC also needs connection with County staff. **Members discussed having Provider representation at CAC meetings.** **Member indicated that she met the new HUSD superintendent and plans to meet with him to discuss moving forward with the SAP.** And contingent on funding, using HUSD as a five-year pilot program (using volunteer or retired professional staff--including foster care advocates).

Member suggested talking to Tracey Schear about building funding into their program. Clarified that students may have issues other than mental health, which is part of the focus of the SAP. The challenge can be that without the 'mental health' classification, you fall out of mental health programs. The SAP strategy also seeks to direct persons that may need medical help, legal advice or social services.

Legislative Aide indicated that that is the intent of Center for Healthy Schools and Communities, in addition to the centers at the schools. Expressed that there should be dialogue if the intent is not being realized.

Member expressed, regarding School Board meetings, the importance of having diversity of community voices and the importance of families having advocacy when student issues come up during these professional meetings. Indicated that part of the problem of deficiencies in Strategies, is that they are built without family input. They are usually built by the system. Commented that If a system is failing delivery of service to families, it is important to include families in the process to re-build or re-tool it. Parents who are able to come to meetings, want meetings to be productive and want to see immediate change as they struggle through their situations. Mentioned Results-based Accountability.

EBCLO

Member asked if the EBCLO would adopt the SAP as an objective third party. A grant could fund two lay-persons to do the work, but who are connected to the EBCLO.

Member responded that it is more practical to start with a system or program that already exists and to grow it. Indicated that there needs to be some compromises to add the SAP to something that already exists. She explained that EBCLO represents foster children and their dependency proceedings. There is a baseline of children's rights to have access to different type of services. We provide the tools to say that children have a right to early periodic diagnostic and screening tools, and to different services in schools. Expressed the need for focus on the point-of-view of children youth. Many can self-advocate.

Re-CAP / Follow-up

- *CAC meetings to include Juvenile Justice and Children Services
- *There is a need to incorporate children/youth in the SIMS Intercept Plan
- *Invite Tracey Schear and Lisa Warhuss into the CAC conversation
- *Legislative Aide will discuss with BHCS about providing a County connection to CAC
- *Foster care dialogue will be included in CAC meetings and to influence the SAP document
- *CAC to do outreach to increase membership.
- *Member to reach out to the new HUSD Superintendent.

Meeting adjourned @ 11:36 a.m. - Minutes by Nina Hinton