

Behavioral Health Services Overview

Woodroe Place Crisis Residential

Provides crisis residential services to 12 adults (18+) who are experiencing active psychiatric distress, and may have just left a psychiatric hospitalization. Woodroe Place Combines individual/group counseling, case management, psychiatry, and access to primary care in a warm and welcoming Hayward setting that teaches positive coping and independent living skills with an average duration of 14-28 days of treatment.

***North County Senior Homeless (Outreach Program)**

Provides full service outreach services in Northern Alameda County combining community based housing/financial support, intensive mental health, case management, substance use, primary care, and psychiatric support to 30 older adults (60+) who are chronically homeless and have severe mental health issues with average service duration of three years.

Intensive Clinical Case Management

Provides intensive clinical case management and psychiatric services for approximately 150 adults (18+) who are living with severe mental health issues in Alameda County. Services include individual, group, psychiatric support, and family care coordination as well as independent living skills development, benefits and money management, and housing coordination. Average duration of service is 3-10 years.

***Oakland Project Connect (Outreach Program)**

Provides supportive services to 40 homeless adults (18+) who are living with mental health and substance use issues in North and West Oakland. Community based services include individual and group counseling, housing coordination/financial support, and community linkages to permanent housing with an average service duration of 12-18 months.

Four Bridges

Provides 40 adults (18+) who are in early stages of recovery of severe mental illness with a structured day program that includes individual/group counseling, independent skills development, and activities/recreational therapy. Services occur in the City of Alameda with an average duration of 5-10 years.

Wellness Centers

Provides 400 adults (18+) who are in advance recovery of severe mental illness with community reintegration supports so they can live meaningful lives in the community of their choice. Services include individual/group counseling, employment coordination, psychiatric support, and community development throughout four locations: Oakland, Hayward, Fremont, and Pleasanton. Average duration of service is 18 months.

Employment Program

Provides approximately 100 adults (18+) living with mental health issues find competitive work in a job field of their choosing. Utilizing an evidence based model called Individualized Placement and Support, people are able to develop skills to find and keep a job. Services occur throughout Alameda County with an average duration of 12-18 months.

***Supported Independent Living Housing**

Provides housing and supportive services to 46 adults (18+) with a range of mental and physical disabilities. Locations span throughout Alameda County including Oakland, Hayward, Pleasanton, and Livermore. In addition, provide supportive mental health services to people living in Mental Health Services Act (MHSA) funded houses through a collaboration with Housing Consortium of the East Bay.

Prevention Engagement Program (PEP)

Provides prevention and early intervention services to 120 adults (18+), aiming to prevent or reduce inpatient stays. PEP serves those who are experiencing their first acute mental health crisis or are exiting psychiatric hospitalization and need support to prevent relapse. Services occur in Solano County with an average duration of 3-6 months.

Hope Intervention Program (HIP)

Provides mobile outreach and crisis intervention services to 240 Transitional Aged Youth (16-24), working to find individuals unconnected to the system of care and providing intensive case management for up to 90 days, followed up a "warm hand-off" to other services. HIP finds youth where they are at – whether at People's Park, on the street, or coming out of inpatient stay. Located in Oakland and provides services in Alameda County.

Forensic Re-Entry and Empowerment (FREE)

Provides case and care management for up to 80 adults (18+) who are re-entering the community from jail/prison and are living with severe mental illness. Re-Entry services include assessing for participant needs such as housing, benefits, linkage to legal services, primary care, behavioral health, employment, and more. This 4-month program has a goal of reintegrating individuals into the community successfully and reducing recidivism.

Forensic Innovation Reentry Services Team (FIRST)

Provides case management services up to 120 adults (18+) who are involved in the criminal justice system. Services assist offenders in all three phases of Solano County offenders (in custody, re-entry planning, and case management) utilizing Critical Time Intervention. In this Mentally Ill Offender Crime Reduction (MIOCR) program, BACS steps in to provide a safety net for individuals who are released from prison or jail and on probation, to provide care coordination and services to help individuals re-enter the community.

SSI Benefits Advocacy

Provides case and care management for up to 80 adults (18+) who are living with severe mental illness who need assistance to obtain Supplemental Security Income (SSI) through legal advocacy. Services include assistance with housing, benefits, primary care, behavioral health, employment, community asset building, and more. Services continue until after the individual has successfully received SSI benefits.

***Solano Housing Advocacy, Permanency, and Engagement (SHAPE)**

Provides specific supported housing services for up to 40 adults (18+) who are living with severe mental illness. Services include case management, brokerage, and rehabilitation services to assist clients to acquire suitable housing, negotiate rental agreements, mediate landlord-tenant issues, and more. Program includes behavioral health support, such as independent living skills, social skills development, linkage to community supports, and linkage to vocational and educational resources.

Rosewood Place Crisis Residential Treatment Program

Provides crisis residential services to 14 adults (18+) who are experiencing active psychiatric distress, and may have just left a psychiatric hospitalization. Rosewood Place combines individual/group counseling, case management, psychiatry, and access to primary care in a warm and welcoming Solano County setting that teaches positive coping and independent living skills with an average duration of 14-28 days of treatment.

***Thunder Road Residential Programs**

Our residential programs provide a transformational intervention experience. Our services are community-restoring, family-driven, and safety-oriented. Supports include therapy groups, anger management, relapse prevention, one-on-one time with a recovery counselor, and psychiatric services

***Thunder Road Outpatient Programs**

Our outpatient programs empower youth and their families to take an active role in their treatment through a collaborative treatment planning process, and facilitate ongoing relapse prevention and wellness through individualized and group activities

Housing Solutions Services Overview

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Housing Fast Support Network

Provides interim housing and supportive services to 135 adults (18+) at one time, who are homeless in Oakland. Services are located at a historic hotel in Oakland where participants live for 4-18 months on average while they are working on independent living skills, rehabilitation, and locating secure and permanent housing so that when they are ready to leave the program, they will move in to permanent housing and break the cycle of homelessness.

Medical Respite

Provides homeless individuals a safe place to recover from acute injury or illness, usually ranging from two to four weeks in duration. Short-term shelter, respite from the streets, behavioral support, and nutrition are the key elements of our recuperative care model.

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Housing Resource Center (HRC)

A housing hub that coordinates all County resources to connect high needs individuals with housing. Including housing navigation services, streamlined access to shelters and housing, legal workshops, and more.

Landlord Liaison & Housing Subsidy Management

Incentives and support to help landlords in our community fill their units with people in need. We provide guaranteed, permanent rental assistance, access to an incentive fund, transitional and ongoing support for tenants, mediation for landlord/tenant relationships, and a 24/7 hotline for emergencies.

Housing Education & Counseling

Classes that cover everything you need to know about finding and keeping housing; classes include how to fill out applications, how to adjust to permanent housing, good relationships with landlords, and more. There is also individual housing counseling available.

Older Adult Services Overview

Care Management

Provides care coordination and individual support to 90 older adults (60+) who are at high risk of nursing home placement and/or experience elder abuse throughout Alameda County. Services are designed to create plans to promote safety and well-being with an average duration of 6-12 months.

Adult Day Centers

Serves 50 frail elders, most of which suffer from Alzheimer's/Dementia, structured and safe recreational and therapeutic day-time care at two locations in Alameda County: Oakland and Fremont. Individual and group activities include breakfast, lunch, and snack, as well as family/caregiver support in a welcoming environment. Average service duration is 1-10 years. The adult day centers are open 5 days per week.

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